



# May Martin's Sewing Bible: 40 years of tips and tricks

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## **May Martin's Sewing Bible: 40 years of tips and tricks** May Martin

Star of the Great British Sewing Bee and doyenne of the Women's Institute, May Martin has been teaching sewing for over 40 years. Now for the first time she shares her tips and tricks, offering the ultimate beginners' guide to sewing.

Beautifully styled and simple-to-follow, this authoritative sewing bible gives readers information on everything they need to know to get started with sewing.

Providing all the essential background information on sewing, setting up your sewing space and detailed lists of all the equipment you'll need; step-by-step instructions for over 40 projects; and a wealth of general sewing tips and techniques to help you finally master overlocking, seams, fastenings, hemming and much much more, with this book May will simplify all the skills and terms you need, demystify sewing and inspire you to unpack your sewing machine and have a go.

It contains over 40 beautiful projects, including crafts, accessories, womenswear, kidswear, menswear and home furnishings. With a range of difficulties for each category – from super-easy but stylish ideas to get even the most nervous sewers started to more elaborate ideas for the aspiring sewer looking for a challenge.

Inspiring, stylish and delightful, this book will make the perfect gift for Christmas.

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