



Naked Spirituality: A Life with God in 12 Simple Words

Brian D. McLaren

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“A rich, brilliant and important book: wonderfully readable and personal, filled with insight and wisdom, it invites us into practices that can transform our lives.” —Marcus J. Borg, author of *Speaking Christian*

“Brian McLaren is a bridge builder. In these simple yet profound spiritual practices he perfectly marries his evangelical heart and contemplative soul, and we are all richer for the union.” —Cynthia Bourgeault, author of *Centering Prayer* and *The Wisdom Jesus*

In the same way he revitalized our faith in *A New Kind of Christianity*, church leader Brian McLaren reinvigorates our approach to spiritual fulfillment in *Naked Spirituality*—by tearing down the old dogmatic practices that hamper our spiritual growth, and leading us toward the meaningful spiritual practices that can help transform our lives.



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