



# Five O'Clock Comes Early: A Young Man's Battle with Alcoholism

*Bob Welch, George Vecsey*

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Bob Welch was twenty-three, a World Series star, and promising young pitcher with the Los Angeles Dodgers when he realized he was an alcoholic. He became one of the first prominent athletes to discuss his ongoing treatment for addiction. His description of his time at the rehab center and his daily struggle to stay sober has been a guiding light to more than a generation of people, young and old, who face addiction in themselves or their families.

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