



The Single Dad's Survival Guide: How to Succeed as a One-Man Parenting Team

Michael A. Klumpp

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You May Be Single, But You're Not Alone.

Being a great dad is challenging enough when you're part of a two-person team. But now you're raising your kids single-handedly. How can you provide the emotional, physical, and spiritual support your children need, cover all the details of running a household, and still earn a living to support your family? Being a solo dad could easily be the toughest job of your life.

The good news is you're not alone. Inside this book you'll find the support, advice, and encouragement you need to succeed. Here are practical solutions for everything you're facing—from conflicting emotions to day-to-day time management. You'll find useful pointers on a daughter's unique needs, a son's inner struggles, and even how to recruit trusted friends to pitch in. With plenty of humor and real-world insight, *The Single Dad's Survival Guide* will show you how to expand on your natural, built-in abilities so you can come out on top as a parenting team of one.

- Find logistical help on everyday challenges, including finances, family schedules, household management, and staying on top of your work.
- Take advantage of practical guidance on everything from supporting and nurturing your kids to protecting your own emotional health.
- Learn how to get past anger, hurt, and fatigue to stand strong as the man your children need most—a man who provides security, stability, and spiritual guidance during one of the toughest times in their life.

It's all here to help you succeed as a solo dad. Single parenting takes everything you've got—so learn how to give it your all.

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