



## Ostara: Rituals, Recipes & Lore for the Spring Equinox (Llewellyn's Sabbat Essentials)

*Kerri Connor*

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**Ostara: Rituals, Recipes & Lore for the Spring Equinox (Llewellyn's Sabbat Essentials)** Kerri Connor

**Celebrate the season of returning sunlight and the bursting forth of the birds, bees, and trees**

Ostara—also known as the Spring Equinox—is a time of renewal, a time to plant seeds as the earth once again comes to life. This guide to the history and modern celebrations of Ostara shows you how to perform rituals and work magic to renew your power and passion for living and growing.

- Rituals
- Recipes
- Lore
- Spells
- Divination
- Crafts
- Correspondences
- Invocations
- Prayers
- Meditations

**Llewellyn's Sabbat Essentials explore the old and new ways of celebrating the seasonal rites that are the cornerstones of the witch's year.**

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