



At Eighty-Two: A Journal

May Sarton

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May Sarton confronts the pleasures and compromises of old age in this deeply moving memoir completed a few months before she died

In this poignant and fearless account, Sarton chronicles the struggles of life at eighty-two. She juxtaposes the quotidian details of life—battling a leaky roof, sharing an afternoon nap with her cat, the joy of buying a new mattress—with lyrical musings about work, celebrity, devoted friends, and the limitations wrought by the frailties of age. She creates poetry out of everyday existence, whether bemoaning a lack of recognition by the literary establishment or the devastation wrought by a series of strokes. Incapacitated by illness, Sarton relies on friends for the little things she always took for granted. As she becomes more and more aware of “what holds life together in a workable whole,” she takes solace in flowers and chocolate and reading letters from devoted fans. This journal takes us into the heart and mind of an extraordinary artist and woman, and is a must-read for Sarton devotees and anyone facing the reality of growing older.

This ebook features an extended biography of May Sarton.

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