



Physical Activity and Sport in Later Life: Critical Perspectives (Global Culture and Sport Series)

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Drawing on the experiences of different groups of older people, this volume brings together contributions from sociology, social gerontology, sport science, physical cultural studies, health geography and psychology to ask critical questions about physical activity and sport in later life. Addressing key issues such as the cultural and discursive context in which physical activity is discussed; the process of becoming physically active; the role of care settings in enabling physical activity; pleasure; gender; and place and space, this book encourages readers to think critically about these questions and in some cases suggests creative solutions to the issue of physical activity participation.

Theoretically informed and based on up-to-date research, the volume invites readers to question their own assumptions about physical activity and sport in later life. The collection is aimed at students and scholars of ageing and sport involved in learning and research in the life and the social sciences.



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