



Cómo Preparar Estofado de Res con Dumplings Ingleses (Auténticas Recetas Inglesas Libro 3) (Spanish Edition)

Geoff Wells

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Sobre Auténticas Recetas Inglesas

Es grandioso probar nuevas recetas por primera vez. Experimentar nuevos sabores y combinaciones de alimentos que puede que nunca hayas pensado. Pero para mayoría de nuestra comida diaria nunca abrimos un libro de cocina o medimos los ingredientes exactamente. Vamos por lo que se siente bien y la experiencia de cocinar la misma comida muchas veces.

La serie **Cómo Preparar Auténticas Recetas Inglesas** es más acerca del método y los ingredientes que de la medida exacta. Esta es la manera en que nuestras abuelas y madres cocinaban. Estas son las recetas que mi abuela heredó a mi madre y luego a mí.

Espero que disfrutes esta serie de recetarios, que pronto utilices estas recetas caseras y cocines como un verdadero británico.

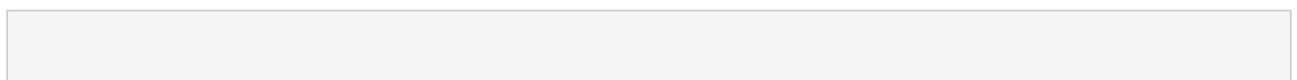
Acerca de Cómo Preparar Estofado de Res con Dumplings

El estofado de carne de res y riñón es una comida esencial en toda cocina británica. Es muy simple de preparar, pero si cometes el error de echar todo en una olla y hervirlo terminarás con un desastre. Esta guía te muestra, de una manera paso a paso, como preparar, perfectamente, no solo estofado de res, sino cualquier estofado, siempre.

No importa si lo preparas de jamón, pollo, pavo o vegetales, el sabor del gravy es el que lo hará o lo estropeará. Aprende los secretos para un buen gravy empezando con un buen caldo o consomé y los sazonadores apropiados. Aprende como preparar estofados nutritivos y llenos de sabor desde lo básico, utilizando ingredientes frescos, sin una receta. Aprende a componer cualquiera de tus experimentos que no funcionaron.

Como un extra, he incluido mi receta para Pay de Carne y Riñón, que te hará agua la boca.

¡Consigue hoy este popular libro y empieza a cocinar!



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