



West Coast Road Eats: The Best Road Food from San Diego to the Canadian Border

Anna Roth

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As "locavore" becomes part of our everyday vocabulary and food critics continue to give West Coast cuisine accolades for its freshness and sustainability, West Coast Road Eats shows how why we eat-and where we eat it-matters more than ever. Part guidebook, part travelogue, and part history lesson, West Coast Road Food is a love letter to the seafood shacks, farm stands, taquerias, ice cream parlors, burger joints, wineries, and more that make up our unique edible ecosystem. Covering more than 1,500 miles from the Canadian border to San Diego, West Coast Road Eats offers a plethora of unique restaurants that dot the freeways and scenic byways of the West Coast. With suggested itineraries, overviews of major cities, and sidebars covering everything from captivating food-factory tours to instructions on how to pick the best produce at a farm stand, this book focuses the relationship between food and a sense of place with the enduring image of the American West as a backdrop.

Anna Roth is a Los Angeles-based food and travel writer whose work has appeared in publications such as Sunset, Seattle Metropolitan, Edible Seattle, Virtuoso Life, and more. She is the editor of a travel website at Demand Media in Santa Monica, CA.

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