



A Heart Poured Out: A Story of Swami Ashokananda

Sister Gargi

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This popular book is now available in its first paperback edition. A Heart Poured Out is the fascinating biography of Swami Ashokananda (1893-1969), an illustrious teacher of the Ramakrishna Order who spent most of his life expanding the Vedanta movement in northern California while training his American students to lead authentic spiritual lives. Award-winning author Marie Louise Burke (Sister Gargi), his famed disciple, recounts the Swami's life and conversations in a personal style that is eloquent, witty, and wise. His powerful guidance—here brought to light for the first time—will help readers of all faiths deepen their spiritual practice. Soul-stirring account ... reveals the Swami's extraordinary spiritual stature with candor, integrity, and wit. -HUSTON SMITH, author of *The World's Religions Rapturously* written biography of an intrinsically fascinating man ... highly recommended. -MIDWEST BOOK REVIEW Compelling remembrance of a saintly life. -LIBRARY JOURNAL Exhaustive et engaging ... this rare account is well worth the wait. -YOGA JOURNAL

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