



# Hidden Treasure: A Map to the Child's Inner Self

*Violet Oaklander*

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## **Hidden Treasure: A Map to the Child's Inner Self** Violet Oaklander

Hidden Treasure is a follow up to Oaklander's first book, *Windows To Our Children*. Most of the books available in working with this population are written from a traditional 'play therapy' point of view. The Gestalt Therapy-based approach provides a more effective method for psychotherapeutic work with children of all ages. The focus is on the relationship between the therapist and client, rather than observation and interpretation. It is a vigorous, dynamic approach. Violet Oaklander uses a wide variety of creative, expressive and projective techniques in her work, and each chapter reflects and exemplifies the use of this work in the service of therapy. The approach is applicable to a wide variety of ages, as well as individual, family and group settings. The book will interest child and adolescent psychotherapists, psychologists, social workers, counselors, interns, school personnel as well as graduate-level students. Parents may also find it helpful, as well as adults who are interested in the child within.

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