



Low Fat: Unsere 100 besten Rezepte in einem Kochbuch (German Edition)

Naumann & Göbel Verlag

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In diesem eBook haben wir über 100 abwechslungsreiche Rezepte für unbeschwerten Genuss Tag für Tag zusammengetragen: von knackigen Salaten über kleine Snacks, herzhafte Suppen und aromatische Pastarezepte bis hin zu vegetarischen Rezepten, raffinierten Fleisch- und Fischgerichten und süßen Leckereien. So kann man ohne schlechtes Gewissen zugreifen und ganz nebenbei noch etwas für die schlanke Linie tun!

- Über 100 beliebte Klassiker und Trendrezepte
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