



Making Sense of Sports

Ellis Cashmore

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Making Sense of Sports

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Ellis Cashmore's unique multidisciplinary approach to the study of sports remains the only introduction to combine anthropology, biology, economics, history, philosophy, psychology and sociology with cultural and media studies to produce a distinct unbroken vision of the origins, development and current state of sports. New chapters on exercise culture and the moral climate of sports support a thoroughly overhauled text that includes fresh material on Islam, sports commerce and corruption.

Now packed with teaching supplements, including access to a dedicated online resource headquarters with video podcasts of twenty-one chapter outlines from the author (<http://tinyurl.com/373oyvr>), online quizzes, and an additional twenty-first chapter on depression and mental health in sports and exercise, the new edition contains a cornucopia of thought boxes, as well as guides to further reading, capsule explanations and model essays. In short, *Making Sense of Sports* is an all-purpose introduction to the study of sports.

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