



Recovered Essence:: How Toxic Relationships Impact Your Inner Child

Christine A. Wilson

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Love provides the soul with security and guides our humanity. Our relationships, families and the world suffer when we lack the proper foundation on which our lives were to be built. The mind has its own way of doing things when its foundation was not built on the love our essence was created for. In this book, Christine's story reveals how some of us lose the connection with our true identity when early scars created a different map to survive. Our own unfinished business leads us to painful relationships in the search for love to revive the underdeveloped essence. No person plans to enter a toxic relationship but things have a way of coming to the surface for a good reason-to fully heal us. After wrestling most of her life with mistaken value, Christine allows her surrendered will to be led by the Shepherd of her soul, leading to divine connections on her journey to freedom within her essence. Alongside her story, Christine provides essential insights and truths which coach and teach us the process of renewing our minds. The goal: To recover our essence by the power of love from the One who created it.

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