



Le bilan musculaire de Daniels et Worthingham: Techniques de testing manuel (French Edition)

Helen Hislop, Jacqueline Montgomery

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Ce grand classique du testing musculaire, est réédité pour la huitième fois aux Etats-Unis et aujourd'hui en France.

Il présente une méthode pratique d'examen musculaire qui permet d'apprécier aussi objectivement que possible, et sans secours instrumental, la force des différents muscles, étape indispensable avant toute rééducation de l'appareil locomoteur.

Cette méthode est basée sur l'utilisation de tests dynamiques pour chaque muscle ou groupe de muscles, à partir d'une échelle de gradation allant de 5 à 0. L'accent est mis sur les causes d'erreur, les précautions à prendre pour mettre en évidence l'action précise de tel ou tel muscle.

Cette nouvelle édition offre en complément du livre un mini-site proposant **près de 3 heures 20 de séquences vidéo**, accessibles via un code personnel donné en couverture intérieure.

Ces séquences illustrent de manière claire et construite tous les tests d'évaluation musculaire des membres supérieur et inférieur, du cou et du tronc, ainsi que de la proprioception.

Cet ouvrage conjugue un texte concis et riche avec une iconographie précise et didactique.

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