



The Nature and Development of Decision-making: A Self-regulation Model

James P. Byrnes

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Although everyone has goals, only some people successfully attain their respective goals on a regular basis. With this in mind, the author attempts to answer the question of why some people are more successful than others. He begins with the assumption that the key to personal success is effective decision-making, and then utilizes his own theory--The Self-Regulation Model--to explain the origin and nature of individual differences in decision-making competence. The author also summarizes a number of existing models of decision-making and risk-taking.

This book has two primary goals:

- * to provide a comprehensive review of the developmental literature on the decision-making skills of children, adolescents, and adults, and
- * to propose a theoretical model of decision-making skill that offers a better description of this skill than prior accounts.

Taken together, the literature review and theoretical model help the reader acquire a clear sense of the development of decision-making skills as well as reasons for the developmental differences that seem to emerge.



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