



Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable

Joanne Kimes

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You know breastfeeding sucks when . . .

Your breast pump starts to resemble a medieval torture device

Your latest scent is eau de' cabbage leaves

Your breasts rival Old Faithful as a must-see attraction

If you need to latch on to something with your free hand while your little miracle is latched on to you, then *Breastfeeding Sucks* is the book for you. Inside, Joanne Kimes covers:

- How to prepare for breastfeeding before the birth
- Physical and emotional challenges that face both you and your little leech-er, infant
- Nursing in public and pumping at the office without feeling like a freak-show attraction
- Weaning that little tot before his eighth birthday

In the hilarious, real-mom style that made *Pregnancy Sucks* a hit, Kimes lays it all out. She gives as much mitigating advice as she can muster to reduce the nipple pain, engorgement, fatigue, and frustration that come with breastfeeding. *Breastfeeding Sucks* is the only book you need on the long road to sippy cups.



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