



Fresh Cooking: A Year of Recipes from the Garrison Institute Kitchen

Shelley Boris

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Fresh Cooking is exactly what the home cook desires—a cookbook with range and flexibility that addresses seasonality, budget, and diverse diets and tastes. Built around meals Shelley Boris created for the Garrison Institute, a retreat center in New York's Hudson Valley, it contains thirty-six menus, with four to five delicious recipes in each, organized by month. Caroline Kasterine's beautiful photographs compliment the recipes.

From the beginning of her career in the heyday of New York City's culinary scene with Dean & DeLuca, Shelley Boris has maintained a love of fine, fresh ingredients and an intuitive grasp of their possibilities. This book draws on her passion and experience to create delectable meals on a budget without compromising flavor or diversity.



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Leon Moses:

Playing with family within a park, coming to see the sea world or hanging out with buddies is thing that usually you have done when you have spare time, after that why you don't try issue that really opposite from that. A single activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love Fresh Cooking: A Year of Recipes from the Garrison Institute Kitchen, you are able to enjoy both. It is great combination right, you still desire to miss it? What kind of hang type is it? Oh come on its mind hangout fellas. What? Still don't obtain it, oh come on its referred to as reading friends.

Audrey Stockman:

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