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Mark Haddon, Michael Smith, Zadie, Callil, C Rosen

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In the ten essays in this book some of our finest authors and passionate advocates from the worlds of science, publishing, technology and social enterprise tell us about the experience of reading, why access to books should never be taken for granted, how reading transforms our brains, and how literature can save lives. In any 24 hours there are so many demands on your time and attention - make books one of them.

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