



A Practical Guide to Working with Reluctant Clients in Health and Social Care

Maggie Kindred

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Practitioners in health and social care are often required to work with clients who do not want to work with them, and these 'reluctant' clients can often be the most challenging, but most rewarding, to work with.

This practical, jargon-free book covers all the issues that practitioners are likely to encounter in the course of working with reluctant clients. The emphasis is on making theory easy to use, and the book is written in an easily digestible and lively style. Topics covered include staying safe, verbal and non-verbal communication, making initial contact with a client, crisis situations, recording, and how to end work with a client. Activities to work through are included at the end of each topic and illustrations feature throughout.

This is an essential book for students, practitioners, voluntary sector workers and trainers in the fields of health, social care and social work.



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